



DEPARTMENT OF THE AIR FORCE
HEADQUARTERS AIR COMBAT COMMAND

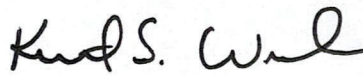
SEP 20 2024

OFFICE OF THE COMMANDER
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MEMORANDUM FOR ALL HQ ACC STAFF DIRECTORS DOWN TO THE WINGS

SUBJECT: The Bridge and Bridge Chats

1. In February 2020, Air Combat Command (ACC) launched "The Bridge," a website offering resilience and prevention resources for Airmen, Guardians, and their families. It connects users with essential tools to equip, engage, and empower them. Please bookmark this website: <https://www.acc.af.mil/About-Us/The-Bridge>
2. One key tool on The Bridge is "Bridge Chats," ACC's answer to feedback from the 2019 CSAF Resilience Tactical Pause which targeted the prevention of and response to self-directed violence. These chats offer a flexible platform for genuine, small group discussions, fostering trust and a sense of belonging through regular, meaningful conversations.
3. ACC Bridge Chats are distributed monthly, covering a wide range of topics that reinforce our Air Force Core Values and leadership competencies, and address issues impacting mission readiness. I expect Bridge Chats to be conducted monthly at all levels, while allowing commanders to retain flexibility to address the topic in a way that best meets the demand of their respective unit. Discussions can take place as part of the normal battle rhythm (staff meetings, shift changes, guard mounts, etc.).
4. Bridge Chats support the monthly implementation of Resilience Tactical Pauses (RTPs) as directed by DAFI 90-5001, 3.6. RTPs do not replace resilience down days but help establish deliberate time to promote trust, drive awareness, and emphasize the importance of how we can better support our Airmen and Guardians. As outlined in the Airmen's Time memorandum, we will continue to work the objectives of our National Defense Strategy while prioritizing the growth and well-being of our Airmen.
5. Questions about The Bridge or Bridge Chats can be directed to Ms. Sara Wilson, Chief of Integrated Resilience, at DSN 574-6514, 757-764-6514, or sara.wilson.8@us.af.mil.


KENNETH S. WILSBACH
General, USAF
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